

Heatherfield Care Home Daily Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st	2nd	3rd
				Music Films	Skittles 1-1 Sessions Margaret Ross Birthday	Cookery Bowling Comp Games Session Film N,castle V Hull
4th	5th	6th	7th	8th	9th	10th
Morning worship Bowls Film Songs of Praise	Xmas decorations down Wii Console Residents Meeting	1-1 sessions Carpet Bowls W/C exercises Alzhiemers Tea Dance Music	Gentle Hand Massaging Film Hairdressing Bowls	Album making & reminiscence Board Games Glass painting Bingo & music	Indoor ball games Arts & Crafts Album making	Musical instruments Film N,castle V West Ham 1-1 Sessions Musical instruments
11th	12th	13th	14th	15th	16th	17th
Morning Worship Film Music Songs of Praise	Film Wii Console Flower Arranging	Fish tank clean out Gentle Wheelchair Exercises	Skittles & Bowls Hairdressing	1-1 Sessions Reminiscence Cookery	Pampering Session Coffee Afternoon	Music N,castle V Blackburn Film Indoor Games
18th	19th	20th	21st	22nd	23rd	24th
Morning Worship Films 1-1 Sessions Songs of Praise	Pampering Session Wii Console Bowling Music	Carpet Bowls Book Reading W/C Exercises Cookery	Dominoes Hairdressing Arts & Crafts Lillian Cowell B,day	1-1 Session Tea Dance Memory Album George Hardy B,day	Jigsaw Session Flower Arranging Old movies Music	Indoor Ball Games Cookery N,castle V Man City
25th	26th	27th	28th	29th	30th	31st
Movie Music	Music Wii console Cookery	Pampering sessions Wheelchair exercises Album Making	Arts & Crafts Hairdressing Newcastle V Man City	Board Games Dominoes Karaoke 1-1 Sessions	Album Making Film Cookery Senses – taste touch smell	Film Music Album & Reminiscence